

## **Lydia Harper**

### **Profile**

Professional circus artist and actress, specialising in Physical Theatre, Double Cloud and Chinese Pole. Graduated from the National Centre for Circus Arts with a BA Honors in Circus Arts. Lydia also sings, dances and directs. Lydia is a certified Stott Pilates Instructor and has a level 5 qualification as a chartered manager.



### **Professional Performing Experience**

#### **2019**

- **Tangled Feet's Factory Reset** - Aerial Silks Performer
- **BBC's The Crown** - Estate Resident

#### **2015 - June 2019**

#### **- Acrobat on Cirque Du Soleil's 'TORUK - The First Flight'**

Specialising in physical theatre, harness work, wall running, rope, cloud, pole and balance structure.

- 2018-2019 : Artist coach of choreography, blocking and Navi movement
- 2016 - 2017 : Captain of two acrobatic acts

#### **2013 - 2015 Notable Work**

- **Silver Lining's 'Throwback'** - Performer, Company Manager and Associate Director in 'Throwback' Premiere at Jacksons Lane Theatre
- **Silver Lining** - Performer, Company Manager and Associate Director for Rotterdam Circusstad Festival, Opening the Theatre De Blauwe Kei Cultural Centre Holland, Out there Festival 2014 UK, COLF UK, Circusfest2012 UK
- **Extraordinary Bodies** - Cirque Bijou and Diverse City; The UK's first integrated circus company.
- **Bestival** - Clowning and Chinese Pole with Cirque Bijou
- **Hip Hop Jungle Book R+D** - Metta Theatre, Hip-hop dancing, skateboarding and parkour.
- **One Million** - Chinese Pole and Physical Theatre with Tangled Feet.

### **Teaching Experience**

**2010 – 2015: The National Centre for Circus Arts**

**2013 - 2015: Airborne Circus**

**2013 - 2015: Aerial classes in Archway**

**2006 - 2010: Playbox Theatre Company**

### **Other Training**

**2019: Shadowing the AD on Cirque Du Soleil's TORUK**

**2019: Shadowing the stage management team on Cirque du Soleil's TORUK**

**2019: Character workshops with Marc-Antoine Picard**

**2019: Clown workshops with Gerry Regitschnig & Jan Dutler**

**2019: Punchdrunk Workshop**

**2018: Shadowing the AD on Cirque Du Soleil's OVO**

**2018: Shadowing the stage management team on Cirque Du Soleil's OVO**

**2018: Shadowing the AD on Cirque Du Soleil's Crystal**

**2018: Shadowing the stage management team on Cirque du Soleil's Crystal**

**2012: Dance Captain for UP SKY DOWN at the National Centre for Circus Arts**

**2002 - 2010: Playbox Theatre Company; Performer and regular dance captain**

**2002 – 2006: The Mill Arts Youth Theatre; Performer and co-director**

### **Qualifications**

- BA Honors Degree in Circus Arts from The National Centre for Circus Arts

- 3 A Levels (Philosophy, English Literature, History, Ethics), 3 additional AS Levels

### **References**

#### **Fabrice Lemire**

Artistic Director, Cirque Du Soleil

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#### **Michael Ocampo**

Head Coach, Cirque Du Soleil

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#### **Rishi Trikha**

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